



Frequently Asked Questions

Who are our coaches?

Below are the current CDST Coaching Team

Jenson Chen - Head Coach, Elite & Senior

Anna Gainey-Vejar - Assistant Head Coach, Gold & Senior

Ian Huskins - Platinum & Gold

Lei Chen - Silver

Felice Tran - Gold & Silver

Lawrence Tolentino – Assistant Coach

Miranda Wang – Assistant Coach

What is email address to reach out to coaches?

cdstcoaches@gmail.com

Do we have any online payment options?

Yes, Online Payment Option is via Zelle – Use Email Address: jlou@calphin.com

Or Bill Pay, mail to 34075 Fremont Blvd, Fremont, CA 94555

Where do I send all membership questions?

All membership related questions please email cdstmemberships@gmail.com

If I am interested in parent's committee, who should I reach out?

This is currently no longer available. We will recruit next season or look for any communication that may come from the coaches.

Can you please tell me on Service Hours & Jobs?

Each CDST family is obligated to fulfill 20 hours of service in each season

- Swim Meet
- Team Events
- Parents Committee
- Official

For unfinished hours, \$30 per hour penalty will be assessed.



How do I become a Swimming Officials?

If you are interested in becoming a USA Swimming Official, please contact charles_lou@yahoo.com

What are the requirements for practice?

The practice requirements are as below

- Swimmers are expected to bring training gears daily
- Wear proper swimming suit to practice and meet
- CDST TEAM CAP is the only cap allowed to wear at practice and meet
- Team Store is available at team website
- Responsible for all personal belongs

What are the requirements for the meet?

Swim Meet

- Arrive on time for warm-ups
- Inform coaches for all Heat/Lane assignment
- Getting feedback from coaches after each race

Where can I find California Dolphin Swim Team Practice & Meet Guidelines?

You can find this using following link, please review

https://www.teamunify.com/pccdst/doc/509141_2_California%20Dolphin%20Swim%20Team%20Practice%20&%20Meet%20Guidelines%20Rev.%209:22.pdf

Where do I find meet planner?

Meet planner can be found at <https://www.teamunify.com/team/pccdst/page/meet-planner>

How do I find schedule for the year?

Visit <https://www.teamunify.com/team/pccdst/page/home> --> Click or Hover on "Schedule" --> Click the current year example "2022-2023". It will take you to example page of <https://www.teamunify.com/team/pccdst/page/schedule/2021-2022>

Where do I find my Invoices & Payments?

After you login to your CDST account --> "My Account" --> "Invoices & Payments"

How do I find my USA Membership information?

After you login to your CDST account --> "Account Info" --> "Members" tab --> Click your member's name --> The pop window shows details include USA Membership tab

How do I know about my Job Report?

After you login to your CDST account --> "Events & Competitions" --> Under "Results & Reports" --> Click "Event & Job Reports" --> Click on the link " Job Signup Report for My Account"

How do we opt for permit registration?

Go to the permit registration homepage at <https://ohlone.simplypermits.com/> Select the "Register Here" button under the section "VISITORS & AFFILIATE LOGIN"